

WHAT CAN YOU EXPECT TO LEARN FROM US?

Understanding the fundamentals of each area of the game and the elements that influence ball flight. You will learn modern day techniques and mechanics for executing each shot within the game, including how to train them most effectively.

Developing control and accuracy. Through a mixture of theory, supervised practise and self practise protocols you will improve your ability to control the 3 elements of each shot - spin, speed and trajectory.

Mastering shot selection and strategy. You will develop the ability to assess different situations and choose the most appropriate shot based on factors such as lie, distance, conditions, confidence and skill level.

Building confidence and mental toughness. As you learn strategies for maintaining focus and managing emotions, you will gain confidence in your ability to execute under pressure.

Our expert coaching aims to improve your golfing skills, enhances each area of your game, lowers your scores and raises your enjoyment of the sport by providing you the knowledge, techniques and practise necessary to improve your performance in each specific area.